

## **Cat Parenti-Hammad BIOGRAPHY**

**Cat Parenti-Hammad is an educator, author, international speaker and therapist with 25 years experience helping children with disabilities in a “wholistic” manner. She holds licenses and certificates in lymph drainage, aromatherapy, color therapy, metabolic analysis, and massage as well as a position of adjunct faculty in Scottsdale Community College 2000-2004. She was the first to bring “wholistic” classes of her own creation to all of the community colleges in the Valley.**

**Ms.Parenti-Hammad is a co-founder of the Independent Provider Program through the Division of Developmental Disabilities that supplies relief to individuals with disabilities and their caregivers. She received an award for her work from the Maricopa Advisory Council.**

**Ms.Parenti-Hammad was the Director of the Afghan Women’s Work project under the auspices of the Afghanistan Foundation and worked closely with the Intergovernmental Committee for Migration (ICM) to bring wounded Afghans here for medical treatment for which she received an award from ICM.**

**She authored the books “Healthy Lymph System: for the Layperson”, “A Taste of Afghanistan: The Cuisine of the Crossroads of the World” and her soon to be published, “Afghanistan: Blood and Honor”.**

**Ms. Parenti-Hammad resides in the Valley with her husband, daughter and stepsons.**

**A more in depth biography is available upon request.**

**(480) 423-5903  
cat.parenti@yahoo.com**